

Dear Doctor,

Thank you for your referral of your patient for an ADHD assessment.

At Cloud Clinic, we understand the challenges patients face in accessing timely psychiatric care and are committed to reducing delays. We welcome both patients newly exploring ADHD and those with a previous diagnosis seeking ongoing support.

To streamline care and minimise costs, we collect relevant information prior to the initial appointment. Our psychiatrists will complete a comprehensive assessment, including a detailed medical and substance use history. The enclosed form will assist in determining suitability for treatment.

Patients must be medically stable to proceed with ADHD treatment. Referrals may be deferred if there are active psychiatric comorbidities or substance use disorders requiring prior management.

As part of our pre-assessment process, we've asked the patient to consult with you to exclude any physical health conditions that may contraindicate ADHD medications. These include:

- Cardiovascular conditions
- Liver or kidney dysfunction
- Anaemia or thyroid disorders

We request the following baseline investigations:

- **ECG** (to assess cardiovascular health)
- **Height, weight, blood pressure, and pulse**

Additional investigations (e.g., pathology, drug screen, neuroimaging) may be recommended on a case-by-case basis. A neuropsychology assessment may also be indicated in selected cases to clarify diagnosis.

We will also request collateral information from the patient, such as school reports, family input, or prior assessments. Some patients may commence medication at their first appointment, while others may require further evaluation. Follow-up will be arranged as needed for treatment planning and monitoring.

We value your vital role in the shared care of our mutual patients and appreciate your support in completing the necessary physical health assessments.

Thank you again for your referral. With your assistance, we aim to continue providing timely and comprehensive psychiatric care to your patients.

Kind regards,

The Clinical Team

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